

Scottish Families Affected

by Drugs aim to support families across Scotland who are affected by drug misuse and raise awareness of issues affecting them.

Call our free and confidential helpline

08080 101011

5pm to 11pm, 7 days a week.

Scottish Families Affected by Drugs

85 Berkeley Street, Glasgow G3 7DX

Telephone: 0141 221 0544 Email: lisa@sfad.org.uk

www.sfad.org.uk

Please return your completed slip to the address below.



Lisa Finlayson
Development Officer, Family Support
Scottish Families Affected by Drugs
85 Berkeley Street
Glasgow
G3 7DX

Joining a family support group



Scottish Families
Affected by Drugs

Drugs have many side effects
Families needn't be one of them



‘Having others to talk to in the same situation has helped me a lot’

Family support group member

‘I love the support group. I look forward each week to that one time when I’m laughing’

Family support group member

‘Having others to talk to in the same situation is a great help to me and the rest of my family’

Family support group member

Who are family support groups for?

Family support groups are for relatives, partners and friends who are affected by the drug use of someone they care about.

Why should I join a family support group?

Family support groups can offer support, sympathy, a welcoming and non-judgemental environment, and a place to meet new friends.

How often do I need to go?

Family support groups usually run once per week for 1 to 2 hours. You do not need to attend every week, but attending regularly is beneficial for you and the group.

Where can I find a family support group?

You can find a list of local family support groups on our website www.sfad.org.uk, or alternatively complete the slip below and return it to us.

For further information about joining a family support group, please complete and return this slip to the address on reverse.



Name	<input type="text"/>
Address	<input type="text"/>
	<input type="text"/> <small>POSTCODE</small> <input type="text"/>
Telephone/Mobile	<input type="text"/>
Email	<input type="text"/>
Please state your preferred form of contact	<input type="text"/>