

**Are you
concerned
about
someone's
alcohol or
drug use?**



Freephone helpline
08080 10 10 11

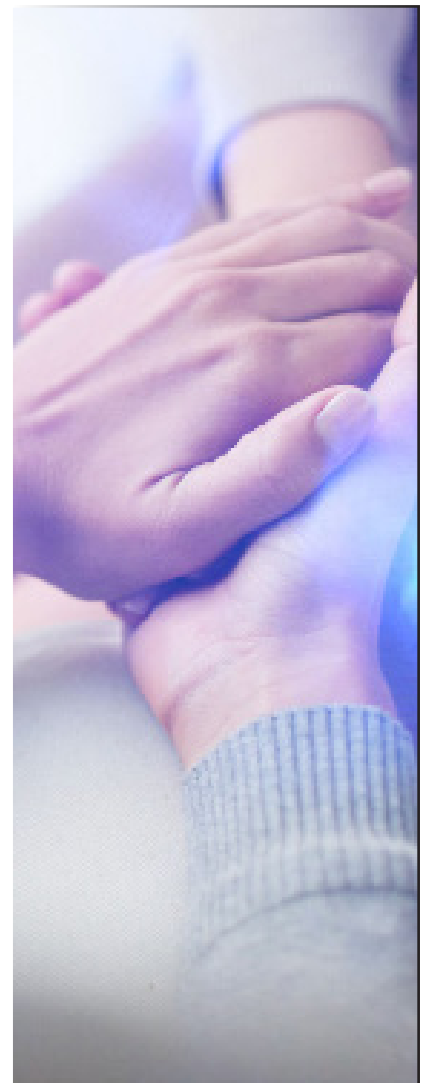
helpline@sfad.org.uk
webchat
www.sfad.org.uk



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 @ScottishFamiliesAff-
fectedByDrugs



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**Scottish
Families**
Affected by Alcohol & Drugs

Scottish Families Affected by Alcohol and Drugs is a national charity who supports anyone in Scotland who is concerned about someone's alcohol or drug use. By family we mean family members, carers, friends, neighbours, work colleagues, or any other concerned significant other.

Services

Free confidential helpline

Through contacting our national helpline we will identify appropriate local support groups and organisations to meet the needs of your family.

08080 10 10 11 / helpline@sfad.org.uk webchat available on www.sfad.org.uk.

Monday - Friday - 9am to 11pm

Saturday - Sunday - 5pm to 11pm

Voicemails can be left out of hours and one of our advisers will call you back

Telehealth

A series of free one-to-one sessions over the phone, video chat or instant messaging over 6 - 8 weeks. Available across Scotland.

Bereavement Support

Listening support and advice and an opportunity to speak to a professional counsellor in your local area. The service is free and is available across Scotland.

Family Support Services

In East Dunbartonshire and Forth Valley offering one-to-one support and family support groups.

Our other work

Workforce Training and Development Support

Delivered to organisations across Scotland. Any enquiries should go to training@sfad.org.uk

Working with Communities

A range of approaches to working with communities including our Adult Learning and Empowering Communities (ALEC) toolkit.

Policy and Campaigns

We play an active role in shaping and influencing policy

Head Office - Edward House 199 Sauchiehall Street Glasgow G2 3EX
General enquiries - 0141 465 7523 info@sfad.org.uk www.sfad.org.uk
Recognised Scottish Charity (SCO034737)

