

Dear _____,

My Name is _____ and I am 12 years old.
I have family support in my life and it is good because I have someone to talk too and also someone to listen to me which is really important.
My Support Worker is really nice and he always checks that I am okay - I feel he listens and I feel comfortable with him when I am talking.

Having a support worker has made a difference to my life because it is nice to know someone is there if I ever need them.

My Support Worker is what a support worker should be, he's kind, friendly, funny and he listens to me.

My Support Worker is good because he also talks to my Mum and Dad, my Mum talks to him and feels better about things afterwards and that really helps, he checks on my Dad and he gives him good support and advice and that makes me feel better.

From _____

