**Highland Family Recovery Initiative Fund**

**Application for Funding**

**Background**

The Highland Family Recovery Initiative Fund (HFRIF) can offer one-off grants of up to £1000 to groups or projects that support families affected by alcohol and drugs in The Highlands.

The overall aim of the HFRIF is to better support family members affected by someone else’s substance use. The Fund will support the development of independent local groups and projects to establish and grow more family-focused recovery opportunities to build on the learning from the Highland FARI project.

The Highland Family Recovery Initiative Fund is funded by the Highland Alcohol and Drugs Partnership (HADP) and will be supported and administered by Scottish Families Affected by Alcohol and Drugs (SFAD).

**The Highland FARI Project**

In 2021, the Highland FARI (Families Are Recognised and Included) project conducted a survey with 77 responses and 13 qualitative interviews across The Highlands. The recommendations from the summary findings report are provided below. Applications that can evidence ideas that help to address one or more of these recommendations are encouraged.

**Highland FARI (Families Are Recognised and Included) Project Recommendations**

**Bereavement support** for families affected by alcohol and drug related deaths in the Highlands. Many of our survey participants spoke of losing loved ones and people they knew to a drug or alcohol related death.

**Promotion of existing support and services** is needed across the Highlands. Lack of awareness of what services are available was one of the strongest findings from both the community survey and the interviews.

**Activities to reduce stigma and stigmatising language** toward people, families and communities affected by harmful alcohol or drug use. (Highland ADP have set up the Highland ADP People First Language Matters Partnership Pledge: click here for more [information](https://www.highland-adp.org.uk/userfiles/file/hadp_general/HADP-People-First-Partner-Pledge.docx) and an [application](https://www.highland-adp.org.uk/userfiles/file/good_practice/HADP-People-First-Partner-Pledge-2.docx) form.

**Dedicated Peer Support Workers** to extend family support to more parts of the Highlands.

**Evidence-based practice support** is recommended for family members to help them cope with their circumstances and improve confidence. Examples of evidence-based support include ‘SMART Friends and Family’ and ‘CRAFT’ (Community Reinforcement and Family Training).

**Increasing opportunities for Advocacy.** An advocacy project specifically for family members would help to ensure families voices are heard by services.

**Accessibility, transport and choice should be a priority.** Services must be accessible to families all over the Highlands. People must be supported to access services out with their local area, and provision must be increased beyond Inverness.

**Early-intervention and community-based initiatives** in the Highlands, including diversionary activities for young people and young adults.

**What can the funding support?**

The Highland Family Recovery Initiative Fund can support a variety of activities. Here are some examples:

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| --- | --- | --- | --- |
| **Set up costs****To cover the set-up costs for a new family support group.** | **Running costs****To assist with group running costs such as room hire, heating and lighting.**  | **Training****To pay for training relevant to setting up and running a support group.** | **Events****To meet the cost of organising family support events.** |
| **Marketing****To raise awareness of your group and its activities.** | **Travel****To enable group members to travel to events locally or nationally.**  | **Activities****To fund activity costs such as paying people to run group sessions.** | **Networking** **To link with other groups and share ideas locally and nationally.** |

Funded activities and projects might include any or all of these as long as they are associated with a new initiative or independent group to support families living with problematic substance use in the Highlands.

**Eligibility**

To apply to the fund your group or project will need:

* 2 or more individuals who have an aspiration to change the lives of people who are affected by someone else’s substance use.
* An organisational bank account (the grant will be paid by BACs).
* An annual income of less than £100,000.
* This fund is specifically aimed at groups offering support for **families**.
* The fund welcomes applications from all communities and all areas of The Highlands.

If you are an un-constituted group, or you are thinking of starting a new group, and you do not have an organisational bank account, you may be able to apply with the help of a partner organisation.

We will advise the Highland Alcohol and Drug Partnership (HADP) that you have made an application to this fund. To read more about the work of HADP go to: [www.highland-adp.org.uk](http://www.highland-adp.org.uk)

**What to do next:**

If you are interested in applying for a grant from the Family Recovery Initiative Fund, the first step is to contact Susie McClue at Scottish Families Affected by Alcohol and Drugs (SFAD) to discuss your idea: **susie@sfad.org.uk**. Scottish Families can offer advice and guidance and answer any questions you might have.

**How your application will be processed:**

Awards will be agreed by a panel including family representatives living in the Highlands who will decide how funding should be distributed to align with the FARI Findings Report. This will ensure the voices and insight of families with lived experience will continue to be heard and ensures an open and transparent governance process with families involved in shaping and designing services in the Highlands at a local level.

Applications will be reviewed within 4 weeks of receipt. You will be notified of the outcome by email.

**Highland Family Recovery Initiative Fund**

**Application for Funding**

**Name of Group/ Project:**

**Contact person:**

**Address:**

**Email:**

**Phone Number:**

**Is your group a constituted organisation? YES/ NO**

*Is the group registered as a SCIO or does the group have a governing document?*

**Does your group have an organisational bank account? YES/ NO**

*This means a Bank Account in the name of the group, not an individual.*

**Is the total annual income of the group less than £100,000 YES/ NO**

**Please tell us a little about your group/project:**

*Just a couple of sentences. How did the group start? What do you do? How many members of your group are there? and how often do you meet? (max 250 words)*

**How much money would you like to apply for (Max £1000):**

**What do you intend to spend the money on?**

*Please describe what you intend to spend the money on*

**How will the funding help members of your group/your project/other families affected by alcohol and drug use?**

*What’s the type of change you want to see and how will you go about creating this change?*

**Please provide a breakdown of how the money would be spent**

*If you do not know precise costs, please provide approximate amounts.*

I certify that, to the best of my knowledge, the information given on this form is correct and that I am authorised to make the application on behalf of the above group. I confirm that the above group authorises Scottish Families Affected by Alcohol and Drugs (SFAD) to publish the name and objectives of the organisation and the details of financial support given to the organisation; and, as part of any SFAD media releases or publications. These details will not be used for commercial purposes. To find out more about what we do with your data, you can access SFAD Privacy Notice here: [Privacy Policy for Scottish Families Affected by Alcohol and Drugs (sfad.org.uk)](https://www.sfad.org.uk/privacy)

Signature: Date:

**Please send completed applications to:** communities@sfad.org.uk

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