



FAMILIES ON THE FRONTLINE – A NATIONAL CONFERENCE

28-29 March 2023

Stirling Court Hotel
University of Stirling
Stirling FK9 4LA

‘Families on the Frontline’

is a two-day national conference, bringing together families with those delivering and influencing treatment, care and support services.

Day One (Tuesday 28 March) will bring together family members who are affected by someone else’s alcohol or drug use from across Scotland. The aim of Day One is for family members to connect with each other, learn from one another and from a diverse set of speakers, and to continue to develop Scotland’s family recovery movement. The focus will be on empowerment, rights, advocacy, learning and self-care. Day One is open to family members only, and a number of staff from family support organisations will also be in attendance. We have capacity for 100 participants to join us on Day One, representing all areas of Scotland. Day One includes a full day Conference Programme (10am registration, closes 4.30pm), followed by Dinner (6.30-9pm) and Overnight Accommodation. *(Note that Dinner and Overnight Accommodation are optional for those who wish).*

Day Two (Wednesday 29 March) will be opened by the Minister for Drugs Policy, Angela Constance. On Day Two, family members attending Day One will be joined today by those delivering and influencing treatment, care and support services across Scotland. Day Two aims to help services strengthen family support and family inclusive practice by sharing positive and practical tips, tools and strategies in a ‘masterclass’ format. There will be the chance to hear directly from family members, and work through a number of real-life scenarios in collaboration with practice experts. We have capacity for a further 100 participants to join on Day Two, including 3 representatives from each ADP area across Scotland.

There is no charge to attend the conference thanks to financial support by the Scottish Government as part of the [National Drugs Mission](#) and the implementation of Scotland’s Whole Family Approach/ Family Inclusive Practice framework, [‘Drug and alcohol services - improving holistic family support’](#). The programme has been developed in partnership with Families Campaign for Change, Scottish Families Affected by Alcohol and Drugs, My Support Day, and the National Family/Carer Support Alliance.

DAY ONE – TUESDAY 28 MARCH 2023 (FAMILIES)

10.00am	Registration	<i>Tea/coffee available</i>
10.30am	Morning Welcome	Colin Hutcheon Family Member
10.35am	Developing a Charter of Rights	Prof Alan Millar Chair, National Collaborative
11.30am	Break	<i>Tea/coffee available</i>
12.00pm	Carers Rights	Shubhanna Hussain- Ahmed Coalition of Carers in Scotland
1.00pm	Lunch	<i>Lunch will be served in the restaurant</i>
2.00pm	Afternoon Welcome	Karen Llewellyn Family Member
2.05pm	Mental Health and Substance Use – a ‘How To’ guide for families	Kathleen Taylor Mental Welfare Commission
3.00pm	Break	<i>Tea/coffee available</i>
3.30pm	A Wellbeing Treasure Chest	Karran Bonner Brightside Inspiration
4.30pm	Close of Day One day programme	Karen Llewellyn Family Member
6.30pm - 9pm	Evening Programme: Conference Dinner	<i>Dinner will be served in the restaurant</i> After dinner speaker: Neil Hunter, Chair Whole Family Approach Implementation Working Group

DAY TWO – WEDNESDAY 29 MARCH 2023 (FAMILIES AND SERVICES)

10.00am	Registration	<i>Tea/coffee available</i>
10.30am	Morning Welcome	Gavin Heron Family Member
10.35am	Opening Address	Angela Constance Minister for Drugs Policy
10.50am	<i>“Yes we can!”</i> How to build and embed a Whole Family Approach in practice	Mel McPherson, My Support Day; Rosie Welsh, South Lanarkshire ADP; Mark Healy, The Beacons; and Family First Responders
11.30am	Break	<i>Tea/coffee available</i>
12.00pm	<i>“Show me the evidence”</i> An overview of family support interventions	Lynne Wandrum Scottish Families
12.30pm	<i>“What does change look like for families and for services?”</i> A conversation	Tracey Clusker, Public Health Scotland; Lena McMillan, Scottish Families and Lisa Kerr, My Support Day
1.00pm	Lunch	<i>Lunch will be served in the restaurant</i>
2.00pm	Afternoon Welcome	Sandra Holmes Family Member
2.05pm	<i>“For me, it means...”</i> Defining family-inclusive practice – a tabletop discussion and workshop	Scott Clements Scottish Families
2.50pm	Break	<i>Tea/coffee available</i>
3.15pm	<i>“Let’s Do This!”</i> Panel Discussion, Q&A and Commitments	Sandra Holmes, Families Campaign for Change; Orlando Heijmer-mason, Scottish Government; and Simon Jones, Stirling & Clackmannanshire ADP
4.00pm	Close of Conference	Sandra Holmes Family Member