

**Are you
affected by
someone
else's
alcohol or
drug use?**



Contact Us

Freephone Helpline
08080 10 10 11

Email
helpline@sfad.org.uk

Webchat
www.sfad.org.uk



Support Services Include:

National Helpline
Local Support Services
Bereavement Support
1:1 Support



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**Scottish
Families**

Affected by Alcohol & Drugs

Recognised Scottish Charity (SC034737)

Scottish Families Affected by Alcohol and Drugs is a national charity that supports **anyone** concerned about someone else's alcohol or drug use in Scotland.

All of our support services can be accessed through our Helpline by phone 08080 10 10 11, by email helpline@sfad.org.uk or webchat at www.sfad.org.uk.

Our Helpline is available Mon-Fri (9am - 11pm) and we run a weekend call-back service.

Our services are available for anyone in Scotland over the age of 16.

We also deliver workforce development through our training courses, communications and campaigning work, and wider community development including our Connecting Families programme.



Free Confidential Helpline



1:1 Support



Bereavement Support



Local Family Support Services



Routes Young Person's Programme



Click and Deliver Naloxone



Scottish Families

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